

# Naomh Mochua Doire Nuís GAC



## Health and Safety Policy

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### **Policy Statement**

St Mochuas GAC are fully committed to encouraging all of our members to take part in our national games, but the health, well-being and safety of each individual is always paramount at all times. We recommend levels of training dependent on age and ability, and expect our players to participate within these boundaries.

### **Policy**

In order to support our Health and Safety Policy we as a club are committed to the following:

- Regular inspections of the club premises and all activities undertaken by the club
- Creating a safe environment by putting health and safety measures in place
- Ensuring that all members are given appropriate level of training and competition by regularly assessing individual ability dependent on age, maturity and development.
- Ensuring all members are aware of and understand the clubs Health and Safety Policy
- Appointing a competent club member to assist with the health and safety responsibilities
- Providing access to adequate first aid facilities, telephone and qualified first aiders at all times
- Reporting any injuries or accidents sustained during any club activity to the parents and to the Club Injury Officer
- Ensuring the implementation of the policy is reviewed regularly and monitored for effectiveness

### **Every club member has a duty to:**

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues
- Correctly use all equipment provided by the club
- Not interfere with or misuse anything provided for your health, safety or welfare.

Club Health and Safety Officer: Niall Woods

Chairperson: \_\_\_\_\_

Date:

HSO: \_\_\_\_\_

Date:

To be reviewed at October Meeting 2014

